



SCOUT: _____



TENDERFOOT

Initials / Date

- 1. Present yourself to your leader, properly dressed, before going on an overnight camping trip. Show the camping gear you will use. Show the right way to pack and carry it.
- 2. Spend at least one night on a patrol or troop campout. Sleep in a tent you have helped pitch.
- 3. On the campout, assist in preparing and cooking one of your patrol's meals. Tell why it is important for each patrol member to share in meal preparation and cleanup, and explain the importance of eating together.
- 4a. Demonstrate how to whip and fuse the ends of a rope.
- 4b. Demonstrate that you know how to tie the following knots and tell what their uses are: two half hitches and the taut-line hitch.
- 5. Explain the rules of safe hiking, both on the highway and cross-country, during the day and at night. Explain what to do if you are lost.
- 6. Demonstrate how to display, raise, lower, and fold the American flag.
- 7. Repeat from memory and explain in your own words the *Scout Oath*, *Law*, *motto*, and *slogan*.
- 8. Know your patrol name, give the patrol yell, and describe your patrol flag.
- 9. Explain why we use the buddy system in Scouting.
- 10a. Record your best in the following tests:
 - » Push-ups _____
 - » Pull-ups _____
 - » Sit-ups _____
 - » Standing long jump _____ feet _____ inches
 - » 1/4-mile walk / run _____
- 10b. Show improvement in the activities listed in requirement 10a after practicing for 30 days.
 - » Push-ups _____
 - » Pull-ups _____
 - » Sit-ups _____
 - » Standing long jump _____ feet _____ inches
 - » 1/4-mile walk / run _____
- 11. Identify local poisonous plants; tell how to treat for exposure to them.
- 12a. Demonstrate the Heimlich maneuver and tell when it is used.
- 12b. Show first aid for the following:
 - » Simple cuts and scratches
 - » Blisters on the hand and foot
 - » Minor burns or scalds (first-degree)
 - » Bites or stings of insects and ticks
 - » Poisonous snakebite
 - » Nosebleed
 - » Frostbite and sunburn
- 13. Participate in a Scoutmaster conference.
- 14. Complete your Board of Review. (3 initials.)

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* Note: If you use a wheelchair or crutches, or if it is difficult for you to get around, you may substitute "trip" for "hike".

Note: Alternate requirements for these ranks are available for Scouts with physical or mental disabilities if they meet certain criteria listed in the current *Boy Scout Requirements* book.

DATE OF BIRTH: _____

DATE BECAME A SCOUT: _____

TELEPHONE NUMBER: _____



SECOND CLASS

Initials / Date

- 1a. Demonstrate how a compass works and how to orient a map. Explain what map symbols mean.
- 1b. Using a compass and a map together, take a 5-mile hike (or 10 miles by bike) approved by your adult leader and your parent or guardian. *
- 2a. Since joining, have participated in five (5) separate troop/patrol activities (other than troop/patrol meetings), two of which included camping overnight.
- 2b. On one of these campouts, select your patrol site and sleep in a tent that you pitched.
- 2c. On one campout, demonstrate proper care, sharpening, and use of the knife, saw, and ax, and describe when they should be used.
- 2d. Use the tools listed in requirement 2c to prepare tinder, kindling, and fuel for a cooking fire.
- 2e. Discuss when it is appropriate to use a cooking fire and a lightweight stove. Discuss the safety procedures for using both.
- 2f. Demonstrate how to light a fire and a lightweight stove.
- 2g. On one campout, plan and cook over an open fire one hot breakfast or lunch for yourself, selecting foods from the food pyramid. Explain the importance of good nutrition. Tell how to transport, store, and prepare the foods you selected.
- 3. Participate in a flag ceremony for your school, religious institution, chartered organization, community, or troop activity.
- 4. Participate in an approved (minimum of one hour) service project.
- 5. Identify or show evidence of at least ten (10) kinds of wild animals (birds, mammals, reptiles, fish, mollusks) found in your community.
- 6a. Show what to do for "hurry" cases of stopped breathing, serious bleeding, and internal poisoning.
- 6b. Prepare a personal first aid kit to take with you on a hike.
- 6c. Demonstrate first aid for the following:
 - » Object in the eye
 - » Bite of a suspected rabid animal
 - » Puncture wounds from splinter, nail, & fishhook
 - » Serious burns (second-degree)
 - » Heat exhaustion, shock, heatstroke
 - » Dehydration, hypothermia and hyperventilation
- 7a. Tell what precautions must be taken for a safe swim.
- 7b. Demonstrate your ability to jump feetfirst into water over your head in depth, level off and swim 25 feet on the surface, stop, turn sharply, resume swimming, then return to your starting place.
- 7c. Demonstrate water rescue methods by reaching with your arm or leg, by reaching with a suitable object, and by throwing lines and objects. Explain why swimming rescues should not be attempted when a reaching or throwing rescue is possible, and explain why and how a rescue swimmer should avoid contact with the victim.
- 8. Participate in a school, community, or troop program on the dangers of using drugs, alcohol, and tobacco and other practices that could be harmful to your health. Discuss your participation in the program with your family.
- 9. Demonstrate Scout spirit by living the Scout Oath (Promise) and Scout Law in your everyday life.
- 10. Participate in a Scoutmaster conference.
- 11. Complete your Board of Review. (3 initials.)

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FIRST CLASS

Initials / Date

- 1. Demonstrate how to find directions during the day and at night without using a compass.
- 2. Using a compass, complete an orienteering course that covers at least one (1) mile and requires measuring the height and/or width of designated items (tree, tower, canyon, ditch, etc.).
- 3. Since joining, have participated in ten (10) separate troop/patrol activities (other than troop/patrol meetings), three of which included camping overnight.
- 4a. Help plan a patrol menu for one campout—including one breakfast, lunch, and dinner—that requires cooking. Tell how the menu includes the foods from the food pyramid and meets nutritional needs.
- 4b. Using the menu planned in requirement 4a, make a list showing the cost and food amounts needed to feed three or more boys and secure the ingredients.
- 4c. Tell which pans, utensils, and other gear will be needed to cook and serve these meals.
- 4d. Explain the procedures to follow in the safe handling and storage of fresh meats, dairy products, eggs, vegetables, and other perishable food products. Tell how to properly dispose of camp garbage, cans, plastic containers, and other rubbish.
- 4e. On one campout, serve as your patrol's cook. Supervise your assistant(s) in using a stove or building a cooking fire. Prepare the breakfast, lunch, and dinner planned in requirement 4a. Lead your patrol in saying grace at the meals and supervise cleanup.
- 5. Visit and discuss with a selected individual approved by your leader (elected official, judge, attorney, civil servant, principal, teacher) your Constitutional rights and obligations as a U.S. citizen.
- 6. Identify or show evidence of at least ten (10) kinds of native plants found in your community.
- 7a. Discuss when you should and should not use lashings.
- 7b. Demonstrate tying the timber hitch and clove hitch and their use in square, shear, and diagonal lashings by joining two or more poles or staves together.
- 7c. Use lashing to make a useful camp gadget.
- 8a. Demonstrate tying the bowline knot and describe several ways it can be used.
- 8b. Demonstrate bandages for a sprained ankle and for injuries on the head, the upper arm, and the collarbone.
- 8c. Show how to transport by yourself, and with one other person, a person:
 - » From a smoke-filled room
 - » With a sprained ankle, for at least 25 yards
- 8d. Tell the five most common signs of a heart attack. Explain the steps (procedures) in cardiopulmonary resuscitation (CPR).
- 9a. Tell what precautions must be taken for a safe trip afloat.
- 9b. Successfully complete the BSA swimmer test.
- 9c. With a helper and a practice victim, show a line rescue both as tender and as rescuer. (The practice victim should be approximately 30 feet from shore in deep water.)
- 10. Demonstrate Scout spirit by living the Scout Oath (Promise) and Scout Law in your everyday life.
- 11. Participate in a Scoutmaster conference.
- 12. Complete your Board of Review. (3 initials.)

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SCOUT: _____



STAR

Initials / Date

G 1. Be active in your troop and patrol for at least four (4) months as a First Class Scout.
 » Date became First Class _____

G 2. Demonstrate Scout spirit by living the Scout Oath (Promise) and Scout Law in your everyday life.

G 3. Earn six (6) merit badges, including any four (4) from the required list for Eagle.
MERIT BADGES:

F (1)®

Counselor: _____

F (2)®

Counselor: _____

F (3)®

Counselor: _____

F (4)®

Counselor: _____

F (5)

Counselor: _____

F (6)

Counselor: _____

G 4. While a First Class Scout, take part in service projects totaling at least six (6) hours of work. These projects must be approved by your Scoutmaster.
 » Description of work: _____

G 5. While a First Class Scout, serve actively for four (4) months in one or more of the following positions of responsibility (or carry out a Scoutmaster-assigned leadership project to help the troop):

- » Patrol leader
 - » Assistant senior patrol leader
 - » Senior patrol leader
 - » Troop guide
 - » Order of the Arrow troop representative
 - » Den chief
 - » Scribe
 - » Librarian
 - » Historian
 - » Quartermaster
 - » Bugler
 - » Junior assistant Scoutmaster (age 16+)
 - » Chaplain aide
 - » Instructor
- [Indicate above the position(s) held.]

G 6. Take part in a Scoutmaster conference.

G 7. Complete your Board of Review. (3 initials.)

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DATE OF BIRTH: _____

DATE BECAME A SCOUT: _____

TELEPHONE NUMBER: _____



LIFE

Initials / Date

G 1. Be active in your troop and patrol for at least six (6) months as a Star Scout.
 » Date became Star Scout _____

G 2. Demonstrate Scout spirit by living the Scout Oath (Promise) and Scout Law in your everyday life.

G 3. Earn five (5) more merit badges (so that you have 11 in all), including any three (3) more from the required list for Eagle.
MERIT BADGES:

F (7)®

Counselor: _____

F (8)®

Counselor: _____

F (9)®

Counselor: _____

F (10)

Counselor: _____

F (11)

Counselor: _____

G 4. While a Star Scout, take part in service projects totaling at least six (6) hours of work. These projects must be approved by your Scoutmaster.
 » Description of work: _____

G 5. While a Star Scout, serve actively for six (6) months in one or more of the troop positions of responsibility listed in requirement 5 for Star Scout (or carry out a Scoutmaster-assigned leadership project to help the troop).
 » Position(s) held: _____

G 6. Take part in a Scoutmaster conference.

G 7. Complete your Board of Review. (3 initials.)

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® REQUIRED MERIT BADGES (BY CATEGORY) ®

- F** ® First Aid
- F** ® Citizenship in the Community
- F** ® Citizenship in the Nation
- F** ® Citizenship in the World
- F** ® Communications
- F** ® Personal Fitness
- F** ® Emergency Preparedness *OR* ® Lifesaving
- F** ® Environmental Science
- F** ® Personal Management
- F** ® Swimming *OR* ® Hiking *OR* ® Cycling
- F** ® Camping
- F** ® Family Life

Note: All requirements for Eagle Scout must be completed before a candidate's 18th birthday. The Eagle Scout board of review can be held after the candidate's 18th birthday. For more information, see current *Advancement Committee Policies and Procedures*, publication No. 33088.



EAGLE

Initials / Date

G 1. Be active in your troop and patrol for at least six (6) months as a Life Scout.
 » Date became Life Scout _____

G 2. Demonstrate Scout spirit by living the Scout Oath (Promise) and Scout Law in your everyday life.

G 3. Earn a total of twenty-one (21) merit badges (10 more than you already have), including one merit badge from each of the 12 categories of the required list for Eagle. [See below. Be sure to verify that a merit badge from each of the categories is among the earned merit badges.]
MERIT BADGES:

F (12)®

Counselor: _____

F (13)®

Counselor: _____

F (14)®

Counselor: _____

F (15)®

Counselor: _____

F (16)®

Counselor: _____

F (17) [®]

Counselor: _____

F (18) [®]

Counselor: _____

F (19) [®]

Counselor: _____

F (20)

Counselor: _____

F (21)

Counselor: _____

G 4. While a Life Scout, serve actively for a period of six (6) months in one or more of the positions of responsibility listed in requirement 5 for Star Scout *with the exception of "Bugler"*.
 » Position(s) held: _____

G 5. While a Life Scout, plan, develop, and give leadership to others in a service project helpful to any religious institution, any school, or your community. (The project should benefit an organization other than Boy Scouting.) The project idea must be approved by the organization benefiting from the effort, your Scoutmaster and troop committee, and the council or district before you start. You must use the current *Eagle Scout Leadership Service Project Workbook*, BSA publication No. 18-927, in meeting this requirement. » Describe Project on Back.

G 6. Take part in a Scoutmaster conference.

G 7. Successfully complete an Eagle Scout Board of Review.



SCOUT: _____



BRONZE PALM

Initials / Date

1. Be active in your troop and patrol for at least three (3) months after becoming an Eagle Scout or after the award of your last Palm.
 » Date of Eagle or last Palm _____

2. Demonstrate Scout spirit by living the Scout Oath (Promise) and Scout Law in your everyday life.

3. Make a satisfactory effort to develop and demonstrate leadership ability.

4. Earn five (5) additional merit badges beyond those required for the Eagle rank. (Merit badges earned anytime since becoming a Boy Scout may be used to meet this requirement.)

MERIT BADGES:

(22)

Counselor: _____

(23)

Counselor: _____

(24)

Counselor: _____

(25)

Counselor: _____

(26)

Counselor: _____

5. Take part in a Scoutmaster conference.

6. Complete your Board of Review. (3 initials.)

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GOLD PALM

Initials / Date

1. Be active in your troop and patrol for at least three (3) months after becoming an Eagle Scout or after the award of your last Palm.
 » Date of Eagle or last Palm _____

2. Demonstrate Scout spirit by living the Scout Oath (Promise) and Scout Law in your everyday life.

3. Make a satisfactory effort to develop and demonstrate leadership ability.

4. Earn five (5) additional merit badges beyond those required for the Bronze Palm. (Merit badges earned anytime since becoming a Boy Scout may be used to meet this requirement.)

MERIT BADGES:

(27)

Counselor: _____

(28)

Counselor: _____

(29)

Counselor: _____

(30)

Counselor: _____

(31)

Counselor: _____

5. Take part in a Scoutmaster conference.

6. Complete your Board of Review. (3 initials.)

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SILVER PALM

Initials / Date

1. Be active in your troop and patrol for at least three (3) months after becoming an Eagle Scout or after the award of your last Palm.
 » Date of Eagle or last Palm _____

2. Demonstrate Scout spirit by living the Scout Oath (Promise) and Scout Law in your everyday life.

3. Make a satisfactory effort to develop and demonstrate leadership ability.

4. Earn five (5) additional merit badges beyond those required for the Gold Palm. (Merit badges earned anytime since becoming a Boy Scout may be used to meet this requirement.)

MERIT BADGES:

(32)

Counselor: _____

(33)

Counselor: _____

(34)

Counselor: _____

(35)

Counselor: _____

(36)

Counselor: _____

5. Take part in a Scoutmaster conference.

6. Complete your Board of Review. (3 initials.)

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SPECIAL AWARDS AND RECOGNITION

In addition to badges of rank and merit badges, Scouts are eligible to earn a number of other awards that reflect their achievements. **The requirements for these awards are listed in the current *Boy Scout Requirements* book No. 33215, and on the specific application forms.** A brief synopsis only of each award follows.

Mile Swim, BSA

Train for and complete a swim covering a full mile. (Swim trunks emblem only.)

BSA Lifeguard

Practice in boat rescues, and advanced rescue skills.

Snorkeling, BSA

Achieve basic proficiency in snorkeling.

Boardsailing, BSA

Achieve basic proficiency in boardsailing.

Historic Trails Award

Plan and participate in a historic activity as a group.

50-Miler Award

Take part in a wilderness trip covering at least 50 consecutive miles over at least 5 days and do service.

Firem'n Chit

Demonstrate campfire and fire handling skills.

Totin' Chip

Demonstrate you know how to handle woods tools.

Paul Bunyan Woodsman

Extension of Totin' Chip award. (Trail pack or blanket.)

Leave No Trace

Important outdoor ethics awareness.

World Conservation Award

Earn a required set of merit badges to earn this award.

Interpreter Strip

Show knowledge of a foreign language or the sign language for the hearing impaired. (Insignia worn centered above "Boy Scouts of America" strip on uniform by adults or Scouts.)

Hornaday Awards

William T. Hornaday was a pioneer of conservation in our nation's history. Award given to unit, Scout or adult to recognize exceptional service in conservation.

National Court of Honor Lifesaving and Meritorious Awards

The National Court of Honor presents awards for rare Scoutlike action and for saving life.

Den Chief Service Award

Den chiefs who complete certain service and training requirements can receive this special recognition.

Religious Emblem

"A Scout is Reverent." Show your faith by doing your duty to God. Each faith has different requirements.